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## AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

## Listing of Claims 5

Claims 1- 27 are in the case. Claims 1-5, 14-19, 21, 28, and 29 are hereby withdrawn in response to the Restriction Requirement dated October 4, 2006.

- 1. 5. (Withdrawn)
- 6. (Currently Amended) An composition for enteral or parenteral administration comprising:
  - Mono- or Dicreatine-HMB salt:
  - Putrescine Dihydrochloride:
  - Alanine
  - L-Glutamine;
  - Trimethylglycine; and,
  - Guanidinopropionic Acid.
- 7. (Original) A composition according to claim 6 wherein the molecular ratio of Alanine to L-Glutamine ranges from 1:2 to 2:1.
- 8. (Currently Amended) An composition for enteral or parenteral administration comprising:
  - -1 to 10 grams by weight of Mono- or Dicreatine-HMB salt;
  - 10 mg to 10 grams by weight of Putrescine Dihydrochloride:

- 1 to 30 grams by weight of an amino acid compound comprising Alanine chemically bound at a 1:1, 2:1 or 1:2 molecular ratio to L-Glutamine;
- 100 mg to 10 grams by weight of Trimethylglycine; and,
- 10 mg to 5 grams of Guanidinopropionic Acid.
- 9. (Currently Amended) The composition of claim [[8]] 32 formulated for enteral administration comprising said unit dosage form admixed with flavors and sweeteners.

  10. (Currently Amended) The composition of claim [[8]] 32 formulated for enteral administration comprising said unit dosage form contained in blended powder or one or more capsules.
- 11. (Currently Amended) A composition according to claim [[8]] 32 wherein said composition is in the form of a powder, tablet, capsule, pill, liquid, food additive, candy, confection or nutrition bar.
- 12. (Original) A composition according to claim 11 wherein said powder is admixed with a liquid.
- 13. (Original) The composition of claim 8 in a sustained release form.
- 14. 19. (Withdrawn)
- 20. (Original) An composition comprising 50% Dicreatine-HMB; 20% Alanyl-L-Glutamine: 10% TMG; 5% Putrescine Dihydrochloride; 5% GPA and 10% flavors and sweeteners.
- 21. (Withdrawn)
- 22. (Currently Amended) A composition according to claim [[8]] 32 wherein said compound weights are adjusted according to predetermined factors.
- 23. (Original) A composition according to claim 22 wherein said predetermined factors

include an individual's weight.

- 24. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's exercise intensity.
- 25. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's lean body mass.
- 26. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's proportion of body fat to lean body mass.
- 27. (Original) A composition according to claim 22 wherein said predetermined factors include an individual's progress along a loading cycle.
- 28. 29. (Withdrawn)
- 30. (New) A composition according to claim 6 for enteral administration.
- 31. (New) A composition according to claim 6 for parenteral administration.
- 32. (New) A composition according to claim 8 for enteral administration.
- 33. (New) A composition according to claim 8 for parenteral administration.